

May Menu

Week of 5/23-5/27

Breakfast

Monday 5/23	Tuesday 5/24	Wednesday 5/25	Thursday 5/26	Friday 5/27
WG Cheerios	WG Blueberry Muffin	Lowfat Vanilla Yogurt	WG Life Cereal	WG Pancake w/Blackberry Spread
Fresh Fruit	Hard Boiled Egg	Cinnamon Granola Pack	Fresh Fruit	Hard Boiled Egg
	Fresh Fruit	Fresh Fruit		Fresh Fruit

Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Mac & Cheese (V)	Somalian Chicken & Rice	Meaty Chili (GF,DF)	Bean & Cheese Burrito (V)	Traditional Pizza Bagel
Whole Wheat Roll	Fresh Fruit	Frito Chips	Fresh Fruit	Fresh Fruit
Fresh Fruit	Veggies	Fresh Fruit	Veggies	Veggies
Veggies		Veggies		

V - Vegetarian DF - Dairy Free GF - Gluten Free

*All Meals are Served with a Variety of Milk

Please be aware that the menu could change at any time due to supply and demand issues.

This institution is an equal opportunity provider.

Please email foodservice@valleyinquiry.org with any questions or concerns.